

Paul's Travels in the Book of Acts

Scripture	Travel	Notes
"Saul rose from the ground, and although his eyes were opened, he saw nothing. So they led him by the hand and brought him into Damascus." (Acts 9:8, ESV)	From Jerusalem to Damascus	Paul was blind for three days. After his healing, he remained in Damascus for "some days."
"And when he had come to Jerusalem, he attempted to join the disciples. And they were all afraid of him, for they did not believe that he was a disciple." (Acts 9:26, ESV)	From Damascus to Jerusalem	
"And when the brothers learned this, they brought him down to Caesarea and sent him off to Tarsus." (Acts 9:30, ESV)	From Jerusalem to Caesarea	
" "	From Caesarea to Tarsus	
"And when he had found him, he brought him to Antioch. For a whole year they met with the church and taught a great many people. And in Antioch the disciples were first called Christians." (Acts 11:26, ESV)	From Tarsus to Antioch	
"And they did so, sending it to the elders by the hand of Barnabas and Saul." (Acts 11:30, ESV)	From Antioch to Jerusalem	
"And Barnabas and Saul returned from[c] Jerusalem when they had completed their service, bringing with them John, whose other name was Mark." (Acts 12:25, ESV)	From Jerusalem to Antioch	
"So, being sent out by the Holy Spirit, they went down to Seleucia, and from there they sailed to Cyprus." (Acts 13:4, ESV)	From Antioch to Seleucia	
" "	From Seleucia to Cyprus (Salamis)	
"When they had gone through the whole island as far as Paphos, they came upon a certain magician, a Jewish false prophet named Bar-Jesus." (Acts 13:6, ESV)	From Salamis to Paphos	
"Now Paul and his companions set sail from Paphos and came to Perga in Pamphylia. And John left them and returned to Jerusalem." (Acts 13:13, ESV)	From Paphos to Perga	
"But they went on from Perga and came to Antioch in Pisidia." (Acts 13:14, ESV)	From Perga to Pisidian Antioch	Paul stayed here long enough to teach about Christ for at least two Sabbaths.
"But they shook off the dust from their feet against them and went to Iconium." (Acts 13:51, ESV)	From Antioch to Iconium	Paul remained here with Barnabas for "a long time."

“They learned of it and fled to Lystra and Derbe, cities of Lycaonia, and to the surrounding country.” (Acts 14:6, ESV)	From Iconium to Lystra	
“But when the disciples gathered about him, he rose up and entered the city, and on the next day he went on with Barnabas to Derbe.” (Acts 14:20, ESV)	From Lystra to Derbe	
“When they had preached the gospel to that city and had made many disciples, they returned to Lystra and to Iconium and to Antioch.” (Acts 14:21, ESV)	From Derbe to Lystra	
“ ”	From Lystra to Iconium	
“ ”	From Iconium to Antioch	
“Then they passed through Pisidia and came to Pamphylia.” (Acts 14:24, ESV)	From Antioch to Pisidia	
“ ”	From Pisidia to Pamphylia (Perga)	
“And when they had spoken the word in Perga, they went down to Attalia.” (Acts 14:25, ESV)	From Pamphylia to Perga	
“ ”	From Perga to Attalia	
“And from there they sailed to Antioch, where they had been commended to the grace of God for the work that they had fulfilled.” (Acts 14:26, ESV)	From Attalia to Antioch	Paul and Barnabas remained there “no little time.”
“So, being sent on their way by the church, they passed through both Phoenicia and Samaria, describing in detail the conversion of the Gentiles, and brought great joy to all the brothers.” (Acts 15:3, ESV)	From Antioch to Phoenicia	
“ ”	From Phoenicia to Samaria	
“When they came to Jerusalem, they were welcomed by the church and the apostles and the elders, and they declared all that God had done with them.” (Acts 15:4, ESV)	From Samaria to Jerusalem	
“So when they were sent off, they went down to Antioch, and having gathered the congregation together, they delivered the letter.” (Acts 15:30, ESV)	From Jerusalem to Antioch	They stayed here for “some days” before Barnabas and Paul decided to part ways.
“Paul came also to Derbe and to Lystra. A disciple was there, named Timothy, the son of a Jewish woman who was a believer, but his father was a Greek.” (Acts 16:1, ESV)	From Antioch to Derbe	Paul traveled through Syria and Cilicia with Silas.

“ ”	From Derbe to Lystra	It is here that Paul met Timothy.
“And when they had come up to Mysia, they attempted to go into Bithynia, but the Spirit of Jesus did not allow them.” (Acts 16:7, ESV)	From Lystra to Mysia	It is here that Paul was unable to enter Asia.
“So, passing by Mysia, they went down to Troas.” (Acts 16:8, ESV)	From Mysia to Troas	
“So, setting sail from Troas, we made a direct voyage to Samothrace, and the following day to Neapolis.” (Acts 16:11, ESV)	From Troas to Samothrace	Paul had a vision where a man from Macedonia asked for help. This spurred Paul on in his next movements.
“ ”	From Samothrace to Neapolis	
“And from there to Philippi, which is a leading city of the district of Macedonia and a Roman colony. We remained in this city some days.” (Acts 16:12, ESV)	From Neapolis to Philippi	
“And after she was baptized, and her household as well, she urged us, saying, ‘If you have judged me to be faithful to the Lord, come to my house and stay.’ And she prevailed upon us.” (Acts 16:15, ESV)	From Philippi to Thyatira	Lydia lived in Thyatira, where Paul stayed until after a brief imprisonment.
“Now when they had passed through Amphipolis and Apollonia, they came to Thessalonica, where there was a synagogue of the Jews.” (Acts 17:1, ESV)	From Thyatira to Amphipolis	
“ ”	From Amphipolis to Apollonia	
“ ”	From Apollonia to Thessalonica	Paul taught in Thessalonica for three Sabbaths.
“The brothers immediately sent Paul and Silas away by night to Berea, and when they arrived they went into the Jewish synagogue.” (Acts 17:10, ESV)	From Thessalonica to Berea	Paul departs from Silas and Timothy in Berea.
“Those who conducted Paul brought him as far as Athens, and after receiving a command for Silas and Timothy to come to him as soon as possible, they departed.” (Acts 17:15, ESV)	From Berea to Athens	
“After this Paul left Athens and went to Corinth.” (Acts 18:1, ESV)	From Athens to Corinth	Silas and Timothy reunite with Paul in Corinth. Paul remained teaching there for a year and six months.
“After this, Paul stayed many days longer and then took leave of the brothers and set sail for Syria, and with him Priscilla and Aquila. At Cenchreae he had cut his hair, for he was under a vow.” (Acts 18:18, ESV)	From Corinth to Cenchreae	

“And they came to Ephesus, and he left them there, but he himself went into the synagogue and reasoned with the Jews.” (Acts 18:19, ESV)	From Cechreea to Ephesus	
“When he had landed at Caesarea, he went up and greeted the church, and then went down to Antioch.” (Acts 18:22, ESV)	From Ephesus to Caesarea	
“ ”	From Caesarea to Antioch	
“And it happened that while Apollos was at Corinth, Paul passed through the inland country and came to Ephesus. There he found some disciples.” (Acts 19:1, ESV)	From Antioch to Ephesus	As Paul traveled, he “went from one place to the next through the region of Galatia and Phrygia” (Acts 18:23, ESV). In Ephesus, Paul shared the baptism of the Holy Spirit with believers and taught in the synagogue for three months. Then, he taught in the hall of Tyrannus for two years.
“After the uproar ceased, Paul sent for the disciples, and after encouraging them, he said farewell and departed for Macedonia.” (Acts 20:1, ESV)	From Ephesus to Macedonia (Philippi)	
“But we sailed away from Philippi after the days of Unleavened Bread, and in five days we came to them at Troas, where we stayed for seven days.” (Acts 20:6)	From Philippi to Troas	
“And when he met us at Assos, we took him on board and went to Mitylene.” (Acts 20:14, ESV)	From Troas to Assos	
“ ”	From Assos to Mitylene	
“And sailing from there we came the following day opposite Chios; the next day we touched at Samos; and the day after that we went to Miletus.” (Acts 20:15)	From Mitylene to Chios	
“ ”	From Chios to Samos	
“ ”	From Samos to Miletus	
“And when we had parted from them and set sail, we came by a straight course to Cos, and the next day to Rhodes, and from there to Patara.” (Acts 21:1, ESV)	From Miletus to Cos	
“ ”	From Cos to Rhodes	

“ ”	From Rhodes to Patara	
“When we had come in sight of Cyprus, leaving it on the left we sailed to Syria and landed at Tyre, for there the ship was to unload its cargo.” (Acts 21:3, ESV)	From Patara to Syria (Tyre)	
“When we had finished the voyage from Tyre, we arrived at Ptolemais, and we greeted the brothers and stayed with them for one day.” (Acts 21:7, ESV)	From Tyre to Ptolmais	
“On the next day we departed and came to Caesarea, and we entered the house of Philip the evangelist, who was one of the seven, and stayed with him.” (Acts 21:8, ESV)	From Ptolmais to Caesarea	
“When we had come to Jerusalem, the brothers received us gladly.” (Acts 21:17, ESV)	From Caesarea to Jerusalem	
“When they had come to Caesarea and delivered the letter to the governor, they presented Paul also before him.” (Acts 23:33, ESV)	From Jerusalem to Caesarea	Paul was held here for more than two years.
“And embarking in a ship of Adramyttium, which was about to sail to the ports along the coast of Asia, we put to sea, accompanied by Aristarchus, a Macedonian from Thessalonica.” (Acts 27:2, ESV)	From Caesarea to Adramyttium	
“The next day we put in at Sidon. And Julius treated Paul kindly and gave him leave to go to his friends and be cared for.” (Acts 27:3, ESV)	From Adramyttium to Sidon	
“And when we had sailed across the open sea along the coast of Cilicia and Pamphylia, we came to Myra in Lycia.” (Acts 27:5, ESV)	From Sidon to Myra	
“Coasting along it with difficulty, we came to a place called Fair Havens, near which was the city of Lasea.” (Acts 27:8, ESV)	From Myra to Lasea	
“After we were brought safely through, we then learned that the island was called Malta.” (Acts 28:1, ESV)	From Lasea to Malta	Paul remained here for three months until the end of winter.
“Putting in at Syracuse, we stayed there for three days.” (Acts 28:12, ESV)	From Malta to Syracuse	
“And from there we made a circuit and arrived at Rhegium. And after one day a south wind sprang up, and on the second day we came to Puteoli.” (Acts 28:13, ESV)	From Syracuse to Rhegium	
“ ”	From Rhegium to Puteoli	
“There we found brothers[e] and were invited to stay with them for seven days. And so we came to Rome.” (Acts 28:14, ESV)	From Puteoli to Rome	